**Instructions:** All of the items below are associated with some command, teaching, instruction, example, promise, etc. in the New Testament. If you think an item is all or mostly Cultural (temporary, non-essential, contextual, optional), put a check (🗸) in the first column. If you think an item is all or mostly Gospel (permanent, essential, universal, mandatory), put a check (🗸) in the second column. If you are simply not sure or can’t decide, that’s okay, just put a check (🗸) in the far right column.

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| **Items** | **Cultural**  Temporary  Non-Essential  Contextual  Optional | **Gospel**  Permanent  Essential  Universal  Mandatory | **IDK** |
| 1. Greet one another with holy kiss (Rom. 16:16; 1 Cor. 16:20; 2 Cor. 13:12; 1 Th. 5:26) |  |  |  |
| 1. Love your enemies (Matt. 5:44) |  |  |  |
| 1. Practice fasting (Matt. 4:1-2; 6:16-18; Acts 13:3) |  |  |  |
| 1. Cast lots to make big decisions (Acts 1:26) |  |  |  |
| 1. Be baptized (Matt. 3:13-17; Acts 2:38; 9:17-18; 16:33) |  |  |  |
| 1. Wash one another’s feet (Jn. 13:14) |  |  |  |
| 1. Abstain from meat with blood, from strangled animals (Acts 15:29) |  |  |  |
| 1. Abstain from sexual immorality (Acts 15:29) |  |  |  |
| 1. Do not make any oaths (Matt. 5:33-37; Jas. 5:12) |  |  |  |
| 1. Have deacons (1 Tim. 3:8-10, 11-13) |  |  |  |
| 1. Have deaconesses or women servants (1 Tim. 3:11; Rom. 16:1) |  |  |  |
| 1. Have a list of widows (age 60+) supported out of the church budget (1 Tim. 5:9-10) |  |  |  |
| 1. Have elders (1 Tim. 3:1-7; Titus 1:5-9) |  |  |  |
| 1. Sell possessions and give the proceeds to the poor (Lk. 18:22) |  |  |  |
| 1. Call the elders and anoint the sick with oil (Jas. 5:14) |  |  |  |
| 1. Prohibit women from wearing gold, pearls, or costly clothing (1 Tim. 2:9; 1 Pet. 3:3) |  |  |  |
| 1. Advise single people to stay single (Matt. 19:11-12; 1 Cor. 7:8-9) |  |  |  |
| 1. Earnestly desire the spiritual gifts, especially prophecy (1 Cor. 14:1, 5) |  |  |  |
| 1. Submit to, respect, and obey all governing authorities (Rom. 13:1-7; 1 Pet. 2:13-17) |  |  |  |
| 1. Men, lift your hands when you pray (1 Tim. 2:8) |  |  |  |
| 1. Long hair on a man is a shame, dishonor (1 Cor. 11:14) |  |  |  |
| 1. A woman should pray and prophesy with her head covered (1 Cor. 11:5, 10) |  |  |  |
| 1. Take the Lord’s Supper in an upper room (Mk. 14:15; Acts 20:8) |  |  |  |
| 1. Take the Lord’s Supper on the first day of the week (Acts 20:7) |  |  |  |
| 1. Each member should bring a song, lesson, etc. to share in worship (1 Cor. 14:26) |  |  |  |
| **Items** | **Cultural** | **Gospel** | **IDK** |
| 1. Meet in houses (Rom. 16:5; Col. 4:15; Phm. 2) |  |  |  |
| 1. Permit no woman to teach or have authority over men (1 Tim. 2:12) |  |  |  |
| 1. Women should keep silent in the churches (1 Cor. 14:34) |  |  |  |
| 1. Advise young widows to marry and have children (1 Tim. 5:14) |  |  |  |
| 1. If your brother sins against you, go and show him his fault (Matt. 18:15) |  |  |  |
| 1. Go into all the world, make disciples, baptize and teach (Matt. 28:18-20) |  |  |  |
| 1. Women will be saved or kept safe through childbirth (1 Tim. 2:15) |  |  |  |
| 1. Do to others what you would have them do to you (Matt. 7:12) |  |  |  |
| 1. Do not commit adultery (Matt. 5:27-30; Heb. 13:4) |  |  |  |
| 1. Jesus’ death, burial, and resurrection (Acts 10:34-43; 1 Cor. 15:1-8) |  |  |  |
| 1. Let us not give up meeting, encouraging one another (Heb. 10:24-25) |  |  |  |
| 1. God has appointed apostles, prophets, teachers, miracle workers, those with gifts of administration, and tongue speakers in the body of Christ (1 Cor. 12:27-29) |  |  |  |
| 1. Do not practice witchcraft or sorcery (Acts 19:17-20; Gal. 5:20) |  |  |  |
| 1. Jesus is coming back (Jn. 14:1-4; 1 Th. 4:13-5:11) |  |  |  |
| 1. If someone will not work, he should not eat (1 Th. 3:10) |  |  |  |
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| **Totals** (total each column up in the spaces to the right) |  |  |  |